

# Shikellamy September Breakfast Menu



Shikellamy  
School District

### What Makes a Breakfast Meal ?

You may choose at least 3 out of 4 components available for the school breakfast

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Variety of Fresh Fruit, 100% Fruit Juice and

Canned Fruits available daily.



MENUS SUBJECT TO CHANGE



1% White Milk Served Daily

Fat Free Milk

Fat Free Chocolate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<u>8/31</u> Mini Cinnamon Cream Cheese Bagel Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/1</u> Pop Tart w/ Cracker Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/2</u> Eggo Bites Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/3</u> Mini Waffles Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/4</u> French Toast Sticks Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	
<u>9/7</u> <b>Labor Day- No School</b>	<u>9/8</u> Ultra Cinnamon Bun Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/9</u> Banana Bread Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/10</u> Benefit Bar Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/11</u> Breakfast Sandwich Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	
<u>9/14</u> Mini Strawberry Cream Cheese Bagel Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/15</u> Sausage Biscuit Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/16</u> Dutch Waffle Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/17</u> Mini Pancakes Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/18</u> Benefit Bar Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	
<u>9/21</u> Dutch Waffle Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/22</u> Breakfast Sandwich on Bagel Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/23</u> Cinnabar Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/24</u> Chicken Biscuit Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/25</u> Soft Filled Coco Puff Bar Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	
<u>9/28</u> Mini Pancakes Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/29</u> Benefit Bar Or Cereal/Cracker Assorted Fruit Assorted Juice Milk	<u>9/30</u> Super Donut Or Cereal/Cracker Assorted Fruit Assorted Juice Milk			