

Shikellamy Secondary September Lunch Menu



WHAT MAKES A MEAL?

MEAT OR MEAT ALTERNATIVE

VEGETABLE, FRUIT

GRAIN, BREAD,

AND CHOICE OF MILK

**Students must choose at least one fruit or vegetable*



**WELCOME
BACK**

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free White Milk

Fat Free Chocolate Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p><u>8/31</u> Chicken Patty Sandwich Or Sloppy Joe Sandwich French Fries Pineapple Tidbits Milk</p>	<p><u>9/1</u> Chicken Fajitas Or Spicy Chicken Patty Corn Peaches Milk</p>	<p><u>9/2</u> Cheeseburger on a Bun Or Fish Nuggets Steamed Broccoli Mandarin Oranges Milk</p>	<p><u>9/3</u> BBQ Rib Sandwich Or Bean & Cheese Burrito w/ Salsa & Sour Cream Baked Beans Applesauce Milk</p>	<p><u>9/4</u> Cheese Pizza Or Sloppy Joe Sandwich Steamed Broccoli Applesauce Milk</p>	<p>Daily Choice of: Calzone PB&J/Deli Sandwich/ Hoagie/ Wraps/Assorted Salads/Yogurt</p>
<p><u>9/7</u> Labor Day- No School</p>	<p><u>9/8</u> Hot Dog on a Bun Or Spicy Chicken Patty Mixed Vegetables Peaches Milk</p>	<p><u>9/9</u> Chicken & Cheese Nachos Or Monte Crisco Corn Mandarin Oranges Milk</p>	<p><u>9/10</u> Pulled Pork Loaded Fries W/ Bread Slices Or Chicken Patty on a Bun Coleslaw Diced Pears Milk</p>	<p><u>9/11</u> Buffalo Pizza Or Ham & Cheese on a Pretzel Bun Green Beans Applesauce Milk</p>	<p>Daily Choice of: Italian Dunkers PB&J/Deli Sandwich/ Hoagie/ Wraps/Assorted Salads/Yogurt</p>
<p><u>9/14</u> Popcorn Chicken Bowl w/ Bread Slice Or Hot Dog on a Bun Mashed Potatoes w/ Gravy Pineapple Tidbits Milk</p>	<p><u>9/15</u> Italian Dunkers w/ Side of Sauce Or Cheese Steak Hoagie Green Beans Peaches Milk</p>	<p><u>9/16</u> Meatball Hoagie Or Pulled Pork on a Bun French Fries Mandarin Oranges Milk</p>	<p><u>9/17</u> Macaroni & Cheese w/ Bread Or Sloppy Joe on a Bun Steamed Broccoli Mixed Fruit Milk</p>	<p><u>9/18</u> Assorted Cheese Pizza Or Spicy Chicken on a Bun Steamed Carrots Applesauce Milk</p>	<p>Daily Choice of: BBQ Rib PB&J/Deli Sandwich/ Hoagie/ Wraps/Assorted Salads/Yogurt</p>
<p><u>9/21</u> Corn Dog Nuggets Or Cheesesteak Hoagie Mixed Vegetables Pineapple Tidbits Milk</p>	<p><u>9/22</u> Hot Turkey Sandwich w/ Gravy Or Spicy Chicken Patty Mashed Potatoes Peaches Milk</p>	<p><u>9/23</u> Toasted Cheese Or Hot Dog on a Bun Green Beans Mandarin Oranges Milk</p>	<p><u>9/24</u> Cheeseburger on a Bun Or Chicken Patty Sandwich Emoji Fries Mixed Fruit Milk</p>	<p><u>9/25</u> Assorted Pizza Or Pulled Pork Sandwich Steamed Broccoli Applesauce Milk</p>	<p>Daily Choice of: Turkey Burger PB&J/Deli Sandwich/ Hoagie/ Wraps/Assorted Salads/Yogurt</p>
<p><u>9/28</u> Chicken Nuggets w/ Bread Slice Or Turkey & Cheese on a Pretzel Bun Baked Beans Pineapple Tidbits Milk</p>	<p><u>9/29</u> Hot Dog on a Bun Or Chicken Patty Tator Tots Peaches Milk</p>	<p><u>9/30</u> Rigatoni w/ Meat Sauce Bread Stick Or Cheeseburger Green Beans Cinnamon Sliced Apples Milk</p>			<p>Daily Choice of: Hot Ham & Cheese on a Pretzel Bun PB&J/Deli Sandwich/ Hoagie/ Wraps/Assorted Salads/Yogurt</p>